

What are

SEIZURE CLUSTERS?



Seizure clusters are periods of increased seizure activity, such as two or more in 24 hours, that are outside of a person's usual seizure pattern. They are also called acute repetitive seizures, recurrent seizures, or seizure flurries.



Seizure clusters can...

- Affect people differently in terms of the frequency, type, and duration of seizures
- Disrupt a person's work and daily activities, and cause worry, frustration, or helplessness
- Have potentially serious consequences, including physical injury and hospitalization



Contact your doctor if you think you are experiencing seizure clusters. If you are diagnosed with seizure clusters, your doctor can help you create a Seizure Action Plan, which may include a rescue medication. **Please see the back of this card for more information about rescue medications.**

To learn more, visit
EpilepsyAdvocate.com/seizure-clusters



Inspired by **patients**.
Driven by **science**.

What are

RESCUE MEDICATIONS?



Rescue medications...

- May help stop a seizure cluster and prevent additional seizures within the cluster
- Can be given by a non-healthcare professional anywhere a seizure cluster occurs
- Are available in a variety of forms, including nasal sprays and rectal gel



Your healthcare provider can determine if you are experiencing seizure clusters and may prescribe a rescue medication.

If you've been prescribed a rescue medication:



- Keep your rescue medication on hand whether you are at school, work, or home.
- Keep taking your daily seizure medication as directed by your healthcare provider. Rescue medications do NOT take the place of daily seizure medications.
- Let your healthcare provider know whether your rescue medication is helping manage seizure clusters.



Inspired by **patients.**
Driven by **science.**